



Bronkhorstspuit

2019

32km

or

10km

Race



Including 4km
FUN RUN by/at

Hoërskool

Erasmus

Bronkhorstspuit

Saterdag / Saturday
9 Februarie / 9 February

2019

om / at

06:00



In ooreenstemming met die reëls van ASA & AGN

In accordance with the rules of ASA & AGN

Foreign Athletes
must observe I.A.A.F
Rule 4 paragraph 2



Athletics
Gauteng North

LOYAL TO THE SPORT
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Bronkhorstspuit Bronkhorstspuit

Atletiekklub Athletics Club

nooi u om deel te neem aan die 28ste invites you to run in the 28th



Bronkhorstspuit 32/10



(32 & 10km padwedloop / 32 & 10km road race)

Algemene Inligting

1. Vooraf inskrywings kan gedoen word by die volgende winkel tot 08/02/2019 - Run-Away Sport, 302 Freesia Street, Lynnwood Ridge 012 361 3733. Eerste 200 vooraf inskrywings vir 32km by Run-Away Sport ontvang 'n T-hemp. Aanlyninskrywings kan gedoen word deur webblad: www.enteronline.co.za. Inskrywing op die dag van die wedloop geskied vanaf 04h30 by "Hoërskool Erasmus". Aanlyninskrywings sluit op 6 Feb 2019.
2. **Inskrywingsgeld 32km R150, 10km R80 Grootmeesters gratis**
3. Tydelike lisensies beskikbaar teen addisionele koste van R40.
4. Coke/waterpunte +/- elke 3km.
5. Identifikasie mag gevra word vir ouderdomsbepelings.
6. Atlete moet minimum 19 wees vir 32km, of minimum 14 wees vir 10km op wedloopdag: 2019 lisensie moet voor en agter gedra word, tydelike lisensies moet agter op rug gedra word. Wedloopnommers moet voor op die frokkie gedra word en mag nie die logo's op die lisensie versteek nie.
7. Medaljes: Silwer 1 ste 200 voltooiers: Balans van atlete bronsmedaljes; tydsbepeking 4½ ure.
8. Prysuitdeling begin om +/- 10h45.
9. Atlete kwalifiseer slegs vir prysgeld vir ouderdomskategorieë waarvoor hul ingeskryf het. Stappers moet 'n "W" voor en agter op hulle hemde dra. – Geen prysgeld vir stappers
10. Deelnemers vrywaar die Nasionale-, Provinsiale-, en Streekliggame asook die Organiseerders van die wedloop teen enige eis van watter aard ook al voortspruit uit hulle deelname aan die wedloop.
11. Deelnemers wat meeding in ouderdoms kategorieë moet identifikasie voor en agterop frokkies dra.
12. 32km begin 6h00, 10 km begin 6h15 en pretdraf begin om 06h30. Inskrywingsgelde R20 vir pretdraf. Medaljes aan alle voltooiers. Inskrywings vir 32/10 km sal om 06h00 sluit.
13. 'n Ambulans sal teenwoordig wees.
14. Sportsak area beskikbaar
15. Geen Ipods, troeteldiere, rystoele, rolskaatse of fietse toegelaat nie.
16. Inskrywings kan nie terugbetaal, gekanseleer of omgeruil word a.g.v. Weersomstandighede of enige onvoorsiene gebeure wat buite die beheer van die organiseerders is nie.

General Information:

1. Pre-entries will be accepted at the following store until 08/02/2019 - Run-Away Sport, 302 Freesia Street, Lynnwood Ridge 012 361 3733. The first 200 pre-entries for 32km at Run-Away Sport will receive a T-shirt. Entry online available @ www.enteronline.co.za. Entries will also be taken on the day of the race from 4h30 at Hoërskool Erasmus. Online entries will be closed on 6 Feb 2019
2. **Entry fees 32km R150, R80 for 10km and Grandmasters free**
3. Temporary licences available at an additional cost of R40.
4. Refreshment stations +/- every 3km.
5. Identification for proof of age may be required.

6. Athletes must be at least 19 years for 32km, and at least 14 for 10km or older on day of race: 2019 licenses must be worn on the front and back, temporary licenses must be worn on the back only. Race numbers must be worn in front of the vest and must not cover the logos on the licence.
7. Medals Silver 1st 200 athletes. Balance of finishers bronze medals: 4½ hours time limit.
8. Prize giving starts at +/- 10h45.
9. Athletes only qualify for prize money according to age and category that they entered in. Walkers must display a "W" tag at the back and front of their shirts – No prize money for walkers.
10. Participating indemnity the National, Provincial and Regional Bodies and Organizers of the race against all and any actions of whatever nature that may arise due to their participation in the race.
11. Athletes that participate in age categories must wear identification on the front and back of vests.
12. 32km start 6h00, 10 km start 6h15 and fun run start at 6h30. Entry fee R20 for fun run. Medals to all finishers. Entries for 32/10 km race will be closing at 06h00.
13. An ambulance will be present.
14. Tog bag area will be provided.
15. No Ipods, pets, wheelchairs, Roller blading or bicycles are allowed
16. Entries cannot be refunded, cancelled, returned or exchanged on account of weather or unforeseen events occurring beyond the control of the event organisers.

Pryse - Prizes

Men & Women		32km		10km	
Open	1	R1000		R800	Gold Medal
	2	R700		R500	Gold Medal
	3	R500		R300	Gold Medal
40 - 49	1	R600		R500	Gold Medal
	2	R400		R -	Gold Medal
	3	R300		R -	Gold Medal
50 - 59	1	R400		R400	Gold Medal
	2	R300		R -	Gold Medal
60 - 69	1	R300		R300	Gold Medal
70 +	1	R300		R300	Gold Medal
80 +	1	R300		R300	Gold Medal
Juniors	1			R300	Gold Medal

Daar is vele gelukkige pryse.
Kosstalletjies by eindpunt.






Wedloop uitslae beskikbaar by
 volgende adres
www.raceresults.co.za
 "Timekeeping" deur
 Chamberlain's Timekeeping
 Derrick: 082 576 1944

 **Navrae/Enquiries**
 Danie Kruger
 Corné Bruwer

Cell: 082 827 0068
Cell: 083 523 2482

Gastehuse
 Zon-onder
 Ranonkel
 Guest Villa
 Garden Guest

Cell: 083 682 5413
Cell: 082 819 1231
Cell: 013 935 1051
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 **BHS Atletiekklub**