



Tshwane AC in Partnership with Sefako Makgatho

Health Sciences University presents:  
**SMU HALF MARATHON**



- Date** : 25th August 2018
- Venue** : SMU Sport Complex
- Time** : 21km and 10km **07h00** : 5km **07h10**
- Entry Fee** : 21km = **R90** 10km=**R70** 5km=**R50**
- : 60+ years 21km=**R30** - 10km=**R20**
- : 70+ years and 80+ years=**FREE**
- : Temp Licence =**R30**

**Pre Entries:**

- Run-A-Way Sport - 012 361 3733
- Enter at the race venue on 25 August 2018 from 16h00-19h00 and on the morning of the race 04h00 till the start of the race.

**Prize money:**

Prize giving for 10km @ 08h30; 21km @09h00. Prize money is equal for Women and Men!

Distance	Position	Open	40+	50+	60+	70+	80+	Junior	Walker
21km	1	R500	R150	R100	R100	R100	R100	R150	R200
	2	R300	-	-	-	-	-	-	-
	3	R200	-	-	-	-	-	-	-
10km	1	R400	R100	R100	R100	R100	R100	R100	R150
	2	R200	-	-	-	-	-	-	-
	3	R150	-	-	-	-	-	-	-

**Medals:**

DISTANCE	GOLD	SILVER	BRONZE
21km	Overall Winner	50	400
10 km	Overall Winner	50	400
5km	Overall Winner	-	150

**Enquiries:**

- Moses Lengweng **082 426 4455** ■ Jeff Semono **072 128 9491**
- Rustus Tlabela **076 535 5198**



**Athletics**  
Gauteng North  
**LEAGUE**

## Rules:

- The race is run in accordance with the rules of ASA and AGN.
- All athletes must wear the race number on front of their running vests, covering of the logos on the ASA Licence number is not allowed. Registered athletes must wear their 2018 licence numbers on the front and back. Non registered 10km athletes must purchase a temporary licence and wear it on the back.
- Athletes competing for age category prizes must display the official numerical age category tags on the front and the back of their vest.
- Proof of age will be required to be presented to referees before prize giving.
- Walkers competing for prizes must wear the official "W" or "WALKER" insignia on the front and the back of their vest.
- International athletes must abide by the IAAF rule 4.2. which states that they must provide a clearance letter from the Athletics Federation of their country of origin to be eligible for a prize.
- No seconding is allowed during the race.
- No Blade, Bicycle or mechanically operated device will be allowed in the race. Manually operated wheelchairs are allowed.
- The age restrictions for participants in the 10km race must be 14 years and 16 years respectively.
- No IPods or listening devices are allowed in the race.
- Athletes participate at their own risk and indemnify the organisers, sponsors and national and provincial bodies against any claims that may arise.
- Animals are not allowed.
- There will be refreshment points at 3 km intervals along the route.
- Medical support and Tog bag facilities will be available.
- Prize giving at 09:00.

## Directions to Race: Coordinates: GPS 25.37.8 SOUTH 28:1:22 EAST

From N4 direction and Rustenburg, turn right into R566 and drive through Rosslyn industrial area, pass SAB, Nissan, New Housing Development, turn right onto Sefako Makgatho University (Sign: Garankuwa. Soshanguve).

Proceed straight, 2km to Ga Rankuwa where Sefako Makgatho Health Sciences University will be on your right next to Dr George Mukhari Academic Hospital.

OR

From Pretoria City, drive towards the West till you come to Eskia Mphahlele (DF Malan) Drive, drive till you off ramp on the left onto Mabopane Highway (R80). Drive till you turn into R566 and drive through Rosslyn Industrial Area, pass SAB, Nissan, New Housing Development, turn right onto Sefako Makgatho Health University (Sign: Garankuwa/Soshanguve).

Proceed straight, 2km to Ga Rankuwa where

Sefako Makgatho Health Sciences University will be on your right.



## Enquiries:

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