

24 SEPTEMBER
2019

**Aerobics after the race.
Jumping castles for kids.**

Temporary licence R40

21.1km

**ENTRY FEE - R100
06h00 AM**

10km

**ENTRY FEE - R80
06h00 AM**

5km

**ENTRY FEE - R50
06h10 AM**

BOPHELONG HALF MARATHON

Bophelong Community Centre

19477 Molepo street, Mamelodi East

GPS -25.7168 28.3769



**Enquiries: 071 895 6798
082 394 5827 | 079 895 8310**

Prizes (Men and Women)

	Runners 21km			Runners 10km		
	1	2	3	1	2	3
Open	R 400	R 300	R 200	R 300	R 200	R 100
40+	R 150			R 100		
50+	R 150			R 100		
60+	R 150			R 100		
70+	R 150			R 100		
80+	R 150			R 100		
Junior	R 150			R 100		
Walkers	R 200			R 100		

Rules and information:

1. The race is run in accordance with the rules of ASA and AGN
2. Foreign athletes must abide by the IAAF rule 4.2.
3. Registered athletes must wear valid license numbers in front and at the back of the vest. Race numbers must be worn in front of the vest and must not cover the logos on the license number.
4. Temporary licensed athletes to wear temporary license at the back of the vest.
5. All licensed athletes competing for category prizes must wear numeric category tags clearly visible front and back. Proof of age for prize winners will be required and to be presented to referees before prize giving. Prizes will be withheld until confirmed.
6. Walkers competing for prize money must wear WALKER/W-tags on the front and back of their vest.
7. No iPods or listening devices. No seconding is allowed. No blade, cyclist or mechanically operated device allowed in the race.
8. We regret the route is not wheel chair friendly.
9. Minimum age: 10km – 14yrs, 21.1km – 16 yrs.
10. Water points every ±3km. Medical support will be available. Tog bag will be available at own risk.
11. All traffic officials and marshals must be obeyed at all times.
12. Prize giving will be at 8h00. All finishers will receive medals and prize winners will receive Gold medals.
13. Cut off time is 3 hours for all distances.
14. Gazebos welcome. Ample parking space.

Online entries close on 19 Sep 2019. www.entrytime.com

Pre-entries close on 21 Sep 2019 – available at the following shops.

Run-Away Sports – 302 Freesia str, Lynwood – 0123613733

Tshwane Running shop – 192 Vinko & Sefako Makgatho str – 0769297384

The Sweat Shop – Southdowns - 0126550048

SportsmansWarehouse Centurion 012 665 9799, Atterbury 012 991 4126, Montana 012 548 5131.

Pre-entries at the venue: 17-23 Sep 2019 from 08h00 to 16h00

Entries on the day of the race from 4h30 to 6h00.

Free entries to athletes 70+.

